



BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920
 (908) 204-2520. Fax (908) 204-3075. www.bernardshealth.org

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2019 Novel Coronavirus (COVID-2019) Weekly Update #42 – September 8, 2020

Returning From Labor Day Travel?

States on the 14 Day Quarantine List	States NOT on the Travel Advisory
<ul style="list-style-type: none"> ▪ Alabama (added 6/24) ▪ Alaska (re-added 9/1) ▪ Arkansas (added 6/24) ▪ California (added 6/30) ▪ Delaware (added 9/8) ▪ Florida (added 6/24) ▪ Georgia (added 6/30) ▪ Guam (added 8/25) ▪ Hawaii (added 8/11) ▪ Idaho (added 6/30) ▪ Iowa (added 7/28) ▪ Illinois (added 7/28) ▪ Indiana (added 7/21) ▪ Kansas (added 7/7) ▪ Kentucky (added 7/28) ▪ Louisiana (added 6/30) ▪ Minnesota (re-added 7/28) ▪ Mississippi (added 6/30) ▪ Missouri (added 7/21) ▪ Montana (re-added 9/1) ▪ Nebraska (added 7/21) ▪ Nevada (added 6/30) ▪ North Carolina (added 6/24) ▪ North Dakota (added 7/21) ▪ Ohio (added 9/8) ▪ Oklahoma (added 7/7) ▪ Puerto Rico (added 7/28) ▪ South Carolina (added 6/24) ▪ South Dakota (added 8/11) ▪ Tennessee (added 6/30) ▪ Texas (added 6/24) ▪ Utah (added 6/24) ▪ Virginia (added 7/21) ▪ Virgin Islands (added 8/11) ▪ Wisconsin (added 7/14) 	<ul style="list-style-type: none"> ▪ Arizona ▪ Colorado ▪ Connecticut ▪ District of Columbia ▪ Maine ▪ Maryland ▪ Massachusetts ▪ Michigan ▪ New Hampshire ▪ New Mexico ▪ New York ▪ Oregon ▪ Pennsylvania ▪ Rhode Island ▪ Vermont ▪ Washington ▪ West Virginia ▪ Wyoming

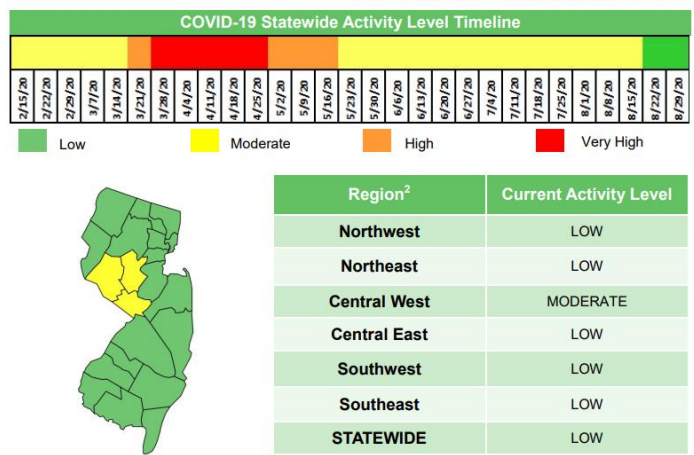
**Check to see if your travel destination is on the travel advisory or click [here](#).
 35 states and territories: **YES**
 18 states and territories: **NO****

How to Select the Correct Face Covering

Did you know that an N95 mask is known as an “N95 respirator”? Why are surgical masks used? When do you use an N95 mask? How do you know if your mask fits? Can fabric face coverings substitute for an N95 respirator? Are gaiters recommended for students? Learn more here: [Understanding the Difference: Surgical Masks and N95 Respirators](#) [CDC: How to Select Masks](#)

COVID-19 Activity Level Report

New Jersey Department of Health
 Communicable Disease Service
 Week ending August 29, 2020 (MMWR week 35)¹



The COVID-19 Activity Level Report is updated weekly on Thursdays. Click [here](#) after September 10th for this week’s report.

Reopening Updates:

- Governor Murphy signed Executive Order 183 to allow indoor music and performance venues to resume beginning September 4th.
 - Any one showing is limited to 25 percent capacity with a maximum of 150 people.
 - Groups that buy tickets together can sit together, but they must be at least 6 feet apart from other groups.
 - Individuals must wear masks unless they are removing them to eat or drink.
- Executive Order 183 also increases capacity limits for indoor gatherings for religious services and celebrations, weddings, funerals, memorial services and political activities beginning September 4th.
 - Limited to 25 percent capacity or 150 people, whichever is less.
 - Outdoor gatherings limited to 500 people and social distancing must be practiced.
 - No limits for religious or political activities protected under the First Amendment.

Updated 9/8/2020

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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2019 Novel Coronavirus (COVID-2019) Resources and Links

New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard + Positive Test Results available [here](#). Now including trends, hospital census, long term care facilities, psychiatric hospitals and demographics. Updated daily.
- Somerset County NJ COVID-19 Status Dashboard available [here](#).
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
 - 2-1-1 for General COVID-19 questions (7am-11 pm)
 - 1-800-962-1253 for Clinical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts
 - Text your zip code to 898-211 for live text assistance

Testing Updates – As of 9/8/20:

- **NJ Testing Sites – [click here](#)** for the most up to date information including new locations and testing criteria. The FEMA Testing Sites at Bergen County Community College and PNC Arts Center have closed.
 - **Somerset County** – Joint testing site with Hunterdon County at Raritan Valley Community College, 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only. **Open Thursday, September 10th 10 am-1pm.** Subject to change. Check status of test site at <http://www.co.somerset.nj.us/covid19status>. Residents of Somerset County ONLY can make an appointment at <https://somerset-hunterdon.adlabscovidtest.com/>.
 - **Morris County** – Morris County's COVID-19 Testing Center at CCM has closed.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. If you are feeling unwell, call ahead to your healthcare provider. **DO NOT** just show up to an office, urgent care or ER.
- For more information on testing - [visit the CDC website on testing](#).

Serum Antibody Testing Facilities and Convalescent Plasma

- Individuals who have recovered from COVID-19 could help other patients with COVID-19 through serum antibody testing. Most doctors and urgent cares are testing but may be using different tests. Please call ahead to your location for more information. For more information please visit the [CDC](#) or [NJDOH](#) websites.

Bernards Township COVID-19 Resources

- [Mental Health Resources during COVID-19](#)
- **Mind Your Health** – Mental Health Considerations for [General Population](#), [Teachers/Parents/Caretakers of Children, Elderly or those in Isolation](#), [Healthcare Workers](#) and [Youth](#)
- [Social Distancing](#)
- [COVID-19 Guidelines for Landscapers](#)
- [Local Resources for Residents](#) (email health@bernards.org to add a resource)
- [Morris County COVID-19 Testing Sites](#)
- [Somerset County COVID-19 Testing Sites](#)

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